

# CROYDON PARK PUBLIC SCHOOL

## Learning Remotely-Student and Parent Guidelines

### Introduction

Our school is committed to working in partnership with parents to best meet the learning needs of every child and family during this difficult time. The commencement of learning at home in week 1 of term 3 will include teacher support with daily student check-ins and monitoring of student learning progress.

### Daily Check- in

Home learning experiences will occur through the use of Seesaw (K-2) and Google Classroom (3-6). Students are expected to check in on a daily basis and register their attendance by responding to a daily prompt on See-Saw or Google Classroom, between 9am to 9:30am.

### Monitoring of Student Progress

Daily learning will include pre-recorded sessions in English and mathematics and participation in at least one other Key Learning Area. Students are encouraged to complete all learning tasks set by their teacher and submit 2 highlighted daily tasks for feedback. Teachers will monitor student progress and provide feedback to the 2 highlighted daily tasks.

### Organisation of Daily Learning Tasks

It is strongly recommended that all students complete English learning tasks every morning. Take a wellbeing break to incorporate a daily social, emotional and physical activity then have a morning tea break. The wellbeing activity will be set by your child's classroom teacher.

In the middle session of everyday, students will be assigned a mathematics task followed by other curriculum activities in the afternoon. The following timetable is a guide with a suggested schedule for families to use.

### Scheduled Weekly Timetable

	Mon	Tues	Wed	Thurs	Fri
Morning Session	English (45-60 mins)	English (45-60 mins)	English (45-60 mins)	English (45-60 mins)	English (45-60 mins)
	Wellbeing Activity- (30 minutes every day)				
Morning Tea Break					
Middle Session	Mathematics (30-45mins)	Mathematics (30-45mins)	Mathematics (30-45mins)	Mathematics (30-45mins)	Mathematics (30-45mins)
	Other Key Learning Areas- assigned by class teacher K-2 students: 30 minutes 3-6 students: 45 minutes				
Lunch					
Afternoon Session	Other Key Learning Areas- assigned by class teacher K-2 students: 30 minutes 3-6 students: 45 minutes				

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Recommended curriculum requirements for learning at home include 2.5 hours of daily learning experiences for students in K-2 and 3 hours for students in Years 3-6. This includes student engagement in a daily wellbeing activity. The importance of every students' health and psychological wellbeing matters greatly during this period of learning remotely.

Classroom teachers are mindful of the challenges faced by parents in juggling the demands of working from home, maintaining household responsibilities and supporting children in learning at home. We strongly encourage all parents to allow their child/ren to complete tasks independently. Teachers understand that there are varying student abilities and will monitor the varying submissions of work from students. If the quality of work is not sufficient or at an appropriate level, teachers will follow-up their concern with the student and their parent/carer.

## **Additional Support**

The COVID-19 situation presents unique challenges for every family. During this complex time, our school counsellor continues to remain committed with students who require additional pastoral care and support. Classroom teachers remain committed to supporting and closely monitoring their students' learning and emotional wellbeing. In the first instance, please reach out to your child's classroom teacher should you wish to discuss any wellbeing concerns of your child/ren.

Alternatively the below resources are also available:

- Kids Helpline 1800 55 1800 or direct messaging <https://kidshelpline.com.au/>
- eHeadspace 1800 650 890 or direct messaging <https://headspace.org.au/eheadspace/>
- Reachout <https://au.reachout.com/>
- Lifeline 131114

Daily organisation and routine matters greatly during learning at home. To best support our students and their families, we have devised a set of protocols (see attached flyer) that can be used at home to support the following:

- Normal daily routine
- Learning Environment at home
- Stay Connected with learning from home
- Ask Questions to support learning
- Take frequent breaks during the day

Lastly, our work in partnership between home and school is needed greatly during this complex and challenging time. Classroom teachers and administration staff are here to work with you in supporting your child's learning and wellbeing. We encourage all families to continue to stay connected with our school. We are a phone call away to assist in all matters pertaining to your child's wellness in learning remotely. Please contact the school office on 9797 9753 when required.

Kind regards,

Anastasia Galanos

Principal

## Daily Routine and Organisation to Support Learning at Home

### Normal routine

- ✓ Wake up, out of bed
- ✓ Have breakfast
- ✓ Brush your teeth
- ✓ Get dressed, ready to learn by 8:30 am

### Learning Environment

- ✓ Make your learning space comfortable
- ✓ Free your learning space from distractions
- ✓ Add helpful information that will help you achieve your learning goals.

### Stay Connected

- ✓ If using a device, make sure your device is ready, fully charged every day
- ✓ Check in daily and respond to attendance promptly in the morning (9am- 9:30am)
- ✓ Try to complete your daily learning tasks independently
- ✓ Submit your 2 highlighted daily learning tasks to your teacher
- ✓ Read and discuss your teacher feedback with your parent/carer

### Ask Questions

- ✓ Ask your teacher questions to clarify or gain support when needed.
- ✓ After finishing a learning task- Ask yourself- **what did I learn from this task?**
- ✓ After teacher feedback- Discuss with your parent/carer- **what is one thing I can now work on in my learning?**

### Take Breaks

- ✓ Move every 30 minutes- go outside for fresh air
- ✓ Have healthy food for morning tea and lunch
- ✓ Fill your water bottle and drink plenty of water everyday
- ✓ Spend at least 30 minutes everyday on your wellbeing- play sport/ yoga/ dance/sing
- ✓ Take breaks- away from digital screens

### Positive Mindset

- ✓ Start a gratitude journal – draw and write in this on a daily basis
- ✓ **Ask yourself:** What am I grateful for today? Record your response in your journal
- ✓ Share your journal and happy thoughts with your family.