



Angela's Kitchen











Recess/Snacks

| (O) Gluten Free Baked Hash Brown(E) Yogurt Tub with berries(E) Fruit Salad | \$2.00 each \$4.00 \$5.00 |
|--|---------------------------------|
| (E) Fresh Fruit Sticks | \$2.00 each |
| (E) Veggie Sticks | \$2.00 each |
| (O) Salted Popcorn 25g | \$2.50 |
| (E) Banana Bread piece | \$4.00 each |
| (E) 1 Crumpet with butter | \$2.00 each |

Hat Eagla

| Hot Foods | |
|--|-------------|
| (E) Baked Chicken Goujons (Strips) | 90c each |
| (E) Baked Dino Chicken Snacks (Halal) | 90c each |
| (O) 5 Chicken Goujons (Strips) with Mash Potato (Monday/Wednesday) | \$6.50 |
| (O) 5 Fish Fingers with Mash Potato (Monday Only) | \$6.50 |
| (E) Fried Rice | \$5.00 |
| (E) 5 Pork & Chive Dumplings with Soy Sauce | \$5.50 |
| (E) Mini Zaatar | \$2.50 each |
| (O) Honey Soy Chicken Wings & Rice (Tuesday Only) | \$7.00 |
| (O) Butter Chicken (Thursday Only) | \$7.00 |
| (O) Hot Dog (Friday Only) | \$4.50 |
| (O) Pie (Friday Only) | \$4.50 |
| (O) Sausage Roll (Friday Only) | \$4.00 |
| (E) Chicken Kebab Wrap | \$6.00 |
| Lettuce, Aioli Sauce & Cheese (O) Chicken & Corn Soup with bread roll (Term 2 & 3 Only) | \$6.50 |
| (O) Baked Potato Wedges (Wednesday Only) | \$5.00 |

Sandwiches

| Sandwiches |
|---|
| Bread type: White, Wholemeal, and Gluten- |
| Free |

| (E) Ham | \$3.00 |
|--------------------------------------|--------|
| (E) Cheese | \$3.00 |
| (E) Ham & Cheese | \$3.50 |
| (E) Ham, Cheese & Tomato | \$4.00 |
| (E) Lean Chicken with Lettuce & Mayo | \$4.50 |
| (E) Vegemite & Cheese | \$3.50 |
| (E) Tuna & Mayo | \$4.50 |
| (E) Vegemite & Butter | \$3.00 |

Bread Roll & Wrap is additional 80c

Burgers

| (O) Oven Bake Chicken Burger with | \$5.50 |
|-----------------------------------|--------|
| Lettuce and Mayo | |

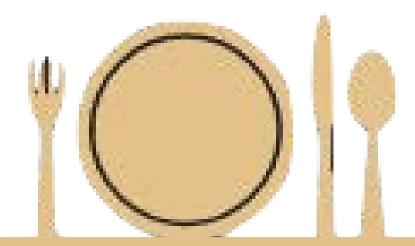
Lean Beef Patty Burger with Lettuce, \$5.50 Cheese & Sauce

(E) Portuguese Chicken Burger with Peri \$5.50 Peri sauce, Lettuce and Tomato slice

Pastas

Nonna's Homemade Sauces

| (E) Pasta Bolognese | \$5.50 |
|-----------------------------------|--------|
| (E) Pasta Napolitana (Vegetarian) | \$5.00 |
| (E) Beef Ravioli | \$6.00 |
| (E) Lasagna | \$6.50 |
| (E) Pasta with Butter | \$4.80 |



E- Everyday

sour cream and sweet chili sauce

O-Occasional

Halal Approved







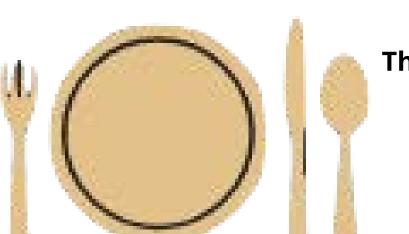
Beverage's

| (E) Water (600ml) (E) Oak Flavoured Milk (300ml) Chocolate/ | \$2.50 \$3.00 | Focaccia's | |
|---|----------------------------|---|----------------------|
| Strawberry (E) Chill J Flavour Water (250ml) (E) Juice Poppers | \$3.00 \$2.00 | (E) Ham, Cheese, Tomato (E) Olive, Cheese & Tomato | \$6.00 \$6.00 |
| (E) Freshly squeezed OJ (425ml) (E) Hot Chocolate (E) Smoothie (425ml) | \$4.50 \$4.00 \$4.50 | (E)Shredded Lean Chicken with Mayo, Cheese & Lettuce (E) Schnitzel with Cheese & Mayo | \$6.50 \$6.50 |
| - Bananarama - Berry Best - Mango Delight - Strawberry Blist (E) Milkshake (425ml) - Chocolate | \$4.50 | Pizza's (E) Pizza's available daily Pizza Slabs are all healthy canteen regis | stered & Halal |
| - Strawberry - Vanilla | | (E) Vegetarian \$6 | 4.50 5.00 5.00 |
| Vegetarian (E) Vogetarian Lasagna | . | | 5.00 5.00 |
| (E) Vegetarian Lasagna(E) Steamed Vegetable Dumplings(E) Vegetarian BurgerMayo, Lettuce, Tomato slices | \$6.50 \$5.50 \$6.00 | Salad Boxes | |
| Frozen | | (E) Egg Salad Boiled Egg, Cherry Tomato, Carrot, | \$7.00 |
| (E) Quelch Ice Block (E) Frozen Juice Cup | \$1.00 \$2.50 | Cucumber & Lettuce (E) Chicken Salad Shredded Chicken, Cherry Tomato, Carrot, | \$7.00 |
| (E) Ice Mony (O) Twisted Frozen Yogurt (O) Moosie | \$2.00 \$3.20 \$2.50 | Cucumber, Lettuce (E) Greek Salad Cherry Tomato, Cucumber, Olives, Capsicum & Feta | \$7.00 |
| (O) Snapstick (O) Animal Pops | \$1.50 \$1.00 | Sauces (Tomato, Barbecue | e) 50c |

Ice Cold Treats/ Canteen made drinks are not put in your lunch order bag Ask your child to take the lunch bag to the canteen and collect it during their lunch break.

Halal Options are available *

Canteen Allergy Aware



The menu has 3/4 of everyday foods & 1/4 occasional foods, Following Healthy School Canteen Strategy of NSW

E- Everyday O-Occasional Halal Approved







Sushi is Available Friday Only

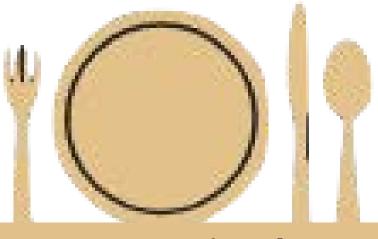
Order via the Flexischools App or pre-order at the canteen. All orders must be placed by Thursday, cut off time is 1.30pm

Sushi Roll

| Chicken Teriyaki & Lettuce | \$5.30 |
|--------------------------------|--------|
| Chicken Teriyaki & Cucumber | \$5.30 |
| Plain Avocado | \$5.10 |
| Tuna & Cucumber | \$5.30 |
| Tuna & Avocado | \$5.30 |
| Carrot & Cucumber (Vegetarian) | \$5.30 |
| Fresh Salmon & Avocado | \$5.80 |

Mini Sushi Boxes (15 Pieces)

| Chicken Schnitzel | \$6.50 |
|-------------------|--------|
| Tuna | \$6.50 |
| Cucumber | \$6.50 |
| Avocado | \$6.50 |



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